Get "Back"

Don't get your BACK up at this puzzle of words and phrases containing BACK.

CTSARKBCEHT	<u>-</u> -
KCNAKRGAIBBE	
CKTASEREIDBRVA	<u>-</u> <u>-</u>
CAMMKBAGNO	<u>-</u> -
CBSAAKBEBRT	<u>-</u> -
AHBTTINCBESKA	
AKACHBFSL	
PKACRBPEA	<u>-</u>
AATURRQCBKE	
OAEIDFBCBKE	
CAOUKBRGDN	<u>-</u>
CAROKBTSEK	
BONUS WORD:	
	(form bonus word from the marked letters in the other answers)

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