More Parts of the Body

You can solve this jumble puzzle by poking and prodding yourself--in the right places, of course.

ЕНЕТТ	
OFTO	
RXLNAY	<u>-</u> -
IVEALCCL	
MATGIELN	<u>=</u>
TYARRE	
NPIES	
LUROHDSE	<u>-</u>
OLBWE	
NKEKUCL	<u>-</u>
OBEN	- <u>-</u>
GHIHT	
BONUS WORD:	
	(form bonus word from the marked letters in the other answers)

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