

Workout

Use the fitness gear here to tune the body and this jumble to jog the mind.

LTEBRICRSMAI _ _ _ _ _ _ _ _ _ _
 _ _ _ _

MGINWOHCARENI _ _ _ _ _ _ _ _ _ _ _ _ _ _ _
 _ _ _ _ _ _

ULDLEBMBS _ _ _ _ _ _ _ _ _ _

IEXKICSEEBER _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

REGFTIESWEH _ _ _ _ _ _ _ _ _ _ _ _ _ _ _
 _ _ _ _ _ _

UPJORPME _ _ _ _ _ _ _ _ _ _

AMNIHCMESHIT _ _ _ _ _ _ _ _ _ _ _ _ _ _ _
 _ _ _ _ _ _

OEYHGMM _ _ _ _ _ _ _ _ _ _

IEELACNLMBDI _ _ _ _ _ _ _ _ _ _ _ _ _ _ _
 _ _ _ _ _ _

RLTIMAEDL _ _ _ _ _ _ _ _ _ _

NBUMECEBTREKI _ _ _ _ _ _ _ _ _ _ _ _ _ _ _
 _ _ _ _ _ _

NSGDPHRIA _ _ _ _ _ _ _ _ _ _
 _ _ _ _

BONUS WORD: _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

(form bonus word from the marked letters in the other answers)

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