Parts of the Body 3

You can stick out your chest when you unjumble these 14 short anagrams.

RIANB	
NLKEA	
ESNPLE	
EFRING	<u>-</u>
ALAICGTER	
OTNEND	
EKYIDN	
EVREN	<u>-</u> -
RMNTSEU	
GULN	
HEEKC	<u>-</u> -
EMAOFRR	<u>-</u> -
BONUS WORD:	
	(form bonus word from the marked letters in the other answers)

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