

Calling Charles Atlas

All 14 of these doormats are tired of having sand kicked in their faces.

SHEHCEALLEIL _ _ _ _ _ ' _ _ _ _ _
 _ _ _ _ _
FMAFEUCRP _ _ _ _ _
 _ _ _ _ _
FUOAORHSEDS _ _ _ _ _ _ _ _ _ _
 _ _ _ _ _
SLIEFLJHY _ _ _ _ _
 _ _ _ _ _
IQUOLESMTTA _ _ _ _ _
 _ _ _ _ _
EKSASEWRIT _ _ _ _ _
 _ _ _ _ _
APSAIAGIDLRHMS _ _ _ _ _ _ _ _ _ _
 _ _ _ _ _
IHYASHWYWS _ _ _ _ _
 _ _ _ _ _
ABYAMBNYPM _ _ _ _ _
 _ _ _ _ _
NDNNBKSEAIO _ _ _ _ _
 _ _ _ _ _
OLYDLCLMEOD _ _ _ _ _
 _ _ _ _ _
UHOVEPRS _ _ _ _ _
 _ _ _ _ _

BONUS WORD: _ _ _ _ _

(form bonus word from the marked letters in the other answers)