

Fast or Slow

Either way you'll unravel these 14 expressions containing one or the other of those speeds.

RTFAORWSDFA - -
SSWESLAOLSSOMA - - - - -
ASYTUSTFD - - - - -
SDRUOBOWLNA - - - - -
DNFTUOAASUISFR - - - - -
ELWOKPOS - - - -
ATNAEBFSIGRK - - - - -
TNIMOLSWOO - - - - -
ADSDAHRATNF - - - - -
TATOLSWCO - - - - -
FSTALPLAENOU - - - - -
TWKEOHLMFARFOS - - - - -

BONUS WORD: - - - - - - - - -

(form bonus word from the marked letters in the other answers)

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