Cryptogram #4540

That's probably less painful than coming down on a fence.

GZMAI EZM ZUWI MTI VMMG LT GZI NUTMI,
UTS MTI VMMG LT GZI RMUG, UPI QMLTQ
GM VUJJ LTGM GZI PLWIP.

©All-Star Puzzles. Solve more puzzles on the web at http://allstarpuzzles.com