

## Learn to Cook

... with this puzzle of 28 in-the-kitchen ways to COOK.

S	Y	F	Y	F	B	E	N	R	D	E	K
E	O	G	R	A	A	E	S	E	E	A	O
E	S	R	F	Y	K	T	E	K	N	R	O
T	O	I	N	C	E	P	L	W	T	E	C
H	R	L	A	E	F	C	O	D	D	L	E
E	L	L	P	R	E	R	P	A	A	U	R
S	B	I	Y	K	B	L	A	N	C	H	U
U	I	E	O	R	E	I	R	E	T	H	S
F	N	M	A	B	F	O	B	U	S	R	S
N	S	A	M	I	C	R	O	W	A	V	E
I	W	E	I	E	A	B	I	E	O	S	R
B	Y	T	T	B	R	C	L	T	R	S	P
Y	B	S	A	U	T	E	O	S	S	E	A

BAKE

BARBECUE

BLACKEN

BLANCH

BOIL

BRAISE

BROIL

BROWN

CODDLE

DEEP FRY

FRY

GRILL

INFUSE

MICROWAVE

PAN FRY

PARBOIL

POACH

PRESSURE COOK

ROAST

SAUTE

SEAR

SEETHE

SIMMER

SMOKE

STEAM

STEEP

STEW

STIR FRY