

Diets

For health or religious reasons, many people follow one of these 65 well-known Diet regimens.

I	A	C	I	R	E	M	A	W	E	N	A	R	O	F	T	E	I	D	E	Z	A	G	S	R
U	R	G	H	C	A	E	B	H	T	U	O	S	O	R	G	A	N	I	C	F	O	O	D	O
D	E	F	I	L	R	O	F	N	A	E	L	S	N	N	F	R	U	I	T	A	R	I	A	N
E	I	L	A	E	E	E	A	C	L	N	A	I	R	A	H	T	A	E	R	B	M	B	L	A
I	E	B	N	N	I	A	R	G	O	N	N	V	M	E	O	D	B	H	N	F	A	A	A	V
G	N	P	S	N	O	N	L	N	S	A	S	V	P	U	G	T	D	I	A	H	S	R	E	T
O	H	I	G	D	L	I	V	I	N	G	F	O	O	D	S	O	I	T	T	M	T	G	E	C
A	A	O	E	N	B	E	R	E	R	I	E	O	H	E	O	L	S	P	U	F	E	I	N	O
S	L	F	L	T	G	T	S	B	I	G	Y	U	B	F	D	M	I	L	R	T	R	A	A	D
D	L	V	I	N	O	O	N	L	C	T	N	T	W	Y	A	R	E	M	A	O	C	R	I	S
O	E	P	G	S	N	R	O	L	G	Z	L	A	I	S	T	H	H	R	L	S	L	C	R	L
O	L	S	E	O	F	P	P	E	A	H	R	E	H	S	O	K	I	A	H	S	E	Y	A	I
F	U	D	M	R	R	H	M	W	C	E	L	A	D	S	R	A	C	S	Y	U	A	N	F	M
L	J	A	G	O	R	G	T	L	O	C	R	G	W	T	N	E	A	G	G	G	N	N	I	M
A	A	F	T	I	D	I	K	A	O	L	I	N	E	V	V	A	V	T	I	A	S	E	T	I
R	H	N	S	R	E	H	C	T	A	W	T	H	G	I	E	W	I	I	E	R	E	J	S	N
U	M	A	C	R	O	B	I	O	T	I	C	I	T	D	I	G	F	N	N	B	O	I	A	G
T	I	L	R	A	L	O	R	T	N	O	C	A	D	I	D	N	A	C	E	U	E	O	R	W
A	C	P	W	W	H	D	L	T	L	E	G	C	R	A	L	R	I	N	I	S	E	A	E	O
N	M	T	R	H	I	Y	I	S	F	E	E	A	G	B	R	O	A	A	P	T	P	K	R	R
C	D	R	O	A	U	F	R	I	N	N	S	N	S	E	O	N	E	C	A	E	O	N	U	L
A	W	A	N	I	K	O	L	H	N	I	F	G	T	T	N	H	I	L	F	R	I	F	A	D
M	Y	M	S	L	I	R	O	D	N	I	K	I	T	I	R	P	Y	R	A	S	D	X	I	I
B	K	S	A	H	O	L	I	D	Y	I	D	T	N	C	R	S	U	D	H	P	O	I	F	E
R	I	T	F	F	A	I	H	U	L	E	C	N	A	T	S	I	S	E	R	T	A	F	R	R
I	I	E	T	Z	K	F	I	B	M	B	L	O	O	D	T	Y	P	E	E	A	R	E	E	S
D	O	I	A	J	O	E	L	F	U	H	R	M	A	N	D	L	A	D	I	O	T	I	U	E
G	F	D	M	E	I	N	A	I	R	A	T	I	U	Q	I	L	I	H	A	C	K	E	R	S
E	C	A	B	B	A	G	E	S	O	U	P	I	T	E	A	O	N	E	R	S	D	S	B	L

ATKINS	GERSON	NEGATIVE CALORIE
BEST BET	GRAHAM	NO-GRAIN
BLOOD TYPE	GRAPEFRUIT	OKINAWA
BODY FOR LIFE	HACKER'S	ORGANIC FOOD
BREATHARIAN	HALLELUJAH	ORNISH
BUDDHIST	HIGH PROTEIN	PALEOLITHIC
CABBAGE SOUP	HUNZA	PERRICONE
CAMBRIDGE	JENNY CRAIG	PRITIKIN
CANDIDA CONTROL	JOEL FUHRMAN	RASTIFARIAN
DASH	KOSHER	RAW FOOD
DETOX	LEAN FOR LIFE	RAW VEGAN
DIABETIC	LIQUITARIAN	SCARSDALE
DIET FOR A	LIVING FOODS	SHANGRI-LA
NEW AMERICA	LOW-CARBOHYDRATE	SLIMMING WORLD
DIET SMART PLAN	LOW-PROTEIN	SONOMA
DR. HAY	MACROBIOTIC	SOUTH BEACH
DUKE UNIVERSITY	MASTER CLEANSE	SUGAR BUSTERS
FAT RESISTANCE	MEDITERRANEAN	TOTAL WELLBEING
FAT SMASH	MONTIGNAC	VEGETARIAN
FEINGOLD	MUSLIM	WARRIOR
FIT FOR LIFE	NATURAL FOODS	WEIGHT WATCHERS
FRUITARIAN	NATURAL HYGIENE	ZONE

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