

## Five a Day

For a healthy body, eat five fruits and vegetables a day. For a healthy mind, find the 29 words in today's grid each containing a fruit or vegetable.

I	E	R	A	P	S	C	A	L	L	I	O	N	R	L	E	A
M	E	I	P	P	A	U	B	G	P	A	N	E	N	E	N	L
P	E	A	S	A	N	T	B	E	R	R	K	N	N	I	A	L
E	H	P	E	E	D	A	P	L	A	C	I	R	G	I	I	E
A	R	R	G	R	A	P	E	V	I	N	E	L	N	S	L	N
C	L	E	A	T	E	C	S	P	E	M	P	N	L	T	E	O
H	E	R	C	R	R	P	Y	C	M	M	E	O	E	O	N	R
M	M	A	M	E	B	R	O	A	R	T	C	E	L	E	A	T
E	O	I	N	D	R	G	Y	C	N	A	B	C	T	E	T	I
N	N	S	L	E	E	K	N	E	S	S	P	A	P	D	S	C
T	A	E	H	H	G	P	C	I	R	O	D	P	H	E	A	P
E	D	C	L	S	N	N	N	E	K	I	D	R	L	E	U	I
E	E	R	H	A	I	D	S	L	D	S	L	I	O	E	T	N
K	C	E	R	U	G	I	F	N	O	C	N	C	E	T	O	D
A	D	B	Q	Q	D	R	A	H	C	R	O	O	A	L	M	A
R	N	M	P	S	S	C	K	T	R	I	M	R	I	C	A	E
A	H	U	A	P	L	I	T	L	R	R	O	N	R	N	T	K
P	R	L	E	N	O	G	N	A	M	T	T	I	R	S	O	R
A	P	P	E	A	R	A	N	C	E	M	E	E	C	I	N	A

APPEARANCE

AUTOMATON

BEANPOLE

BEETLE

CANDIDATE

CAPRICORN

CHERRYPICKER

CITRONELLA

CONFIGURE

GINGERBREAD

GRAPEVINE

IMPEACHMENT

KALEIDOSCOPE

LEMONADE

MANGONEL

ONIONSKIN

ORCHARD

PARAKEET

PEASANT

PEPPERMINT

PLUMBER

QUINCENTENNIAL

RAPSCALLION

SCRAPPLE

SLEEKNESS

SQUASHED

SUBLIME

TAROT

YAMMER